



A proprietary formulation that supports a healthy sleep cycle, making it easy to fall asleep with our morning time grogginess.

**EVEXIAS Sleep** is a comprehensive dietary supplement designed to support restful sleep and promote the wellbeing benefits of quality sleep. This powerful formulation combines a range of carefully selected natural ingredients to promote healthy sleep.







## **INGREDIENTS**

**Valerian Root Extract.** Induces sleep and helps reduce feelings of anxiety. **Magnolia Bark**. Promotes calming, relaxing effect and has shown therapeutic potential in supporting reductions in anxiety, depression and stress.





## **INGREDIENTS** (cont'd)

**Gamma-Aminobutyric Acid (GABA).** Naturally offsets excitatory neurotransmitters to produce a calming effect, helping to counter balance moments of extreme neuronal overexcitement

**5-HTP.** A naturally-occurring amino acid that is the precursor to serotonin--vital for health sleep cycles, and linked to supporting stress reduction and healthy weight management.

**Melatonin**. Natural hormone shown to regulate the sleep cycle and known to be a potent antioxidant.

## **ABOUT THIS FORMULATION**

The combination of these ingredients in EVEXIAS Sleep offers a synergistic approach to supporting a quality night's sleep and awaking refreshed in the morning. By providing a spectrum of antioxidants, and natural compounds, EVEXIAS Sleep promotes optimal health through maximizing the sleep cycle and the benefits of great sleep. The ingredients work together to achieve a holistic approach to health.

**Suggested use:** Take one capsule daily before bedtime or as directed by your healthcare professional.

**Warning:** If you are pregnant, nursing, taking medications, or have a medical condition, consult your healthcare provider before using this product.

Store in a cool, dry place. Keep out of reach of children.